

Our aim is to provide regular safe and simple nail cutting



If your referral is accepted you will need to buy some or all of the following items: -



Foot file



Metal Nail File



Emery Board



Nail Clippers



Nipper

It is your responsibility to keep these items clean and safe.

They should not be used by anyone else.

## Toenail cutting service

Do you find it hard to cut your toenails?

Did you used to go to a Chiropodist/Podiatrist to have your toenails cut?



## Referral Process

### Who is this service for?

Adults with a Learning Disability over the age of 18 whom: -

- Are unable to cut their own toenails and are **not** eligible for NHS Podiatry Services

This service is not available to people living in residential homes

All the community nurses have attended a Basic Foot Care course run by the NHS Podiatry Service

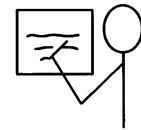
Referral forms for this service can be requested by contacting the Community Nurses from the Merton Learning Disability Team on

020 8545 4552



Or in writing to: -

Merton Team for  
People with Learning  
Disabilities  
9<sup>th</sup> Floor Civic Centre  
London Road  
Morden  
Surrey



A Community Nurse will visit and assess your needs, as there are still many health reasons why it may not be safe for us to cut your nails. For this reason, it is important to provide on assessment full details of any health conditions or tablets and medication you are taking.